

# 2010/11 NGB Matrix – GYMNASTICS



## Context and Rationale

What role does Competition play in terms of wider development of Gymnastics?

- ✓ Increasing Participation
- ✓ Development of values and ethics of game
- ✓ Development of sound fundamentals
- ✓ Development of game/event understanding
- ✓ Development of Competition Education ('How to win')
- ✓ Initiation of a performance pathway
- ✓ Feeding school to Club Links

## Contact Details

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## Resources

- ✓ Web Downloads
- ✓ Templates
- ✓ Young Leaders/officials courses
- ✓ Teachers/Schools resource packs

## Wider PESSYP Links

- ✓ Club Links
- ✓ Coaching
- ✓ Leadership and Volunteering

## Strategic Delivery

Cluster and SSP Round - Competition Manager.  
County Round – Competition Manager and Regional/County Officers  
Next Step Competitions Regional and National Rounds – NGB/BSGA

## Priority Areas

Key Step - National coverage

Next Step – Targeted Areas. Liaise with NGB

## Priority Competitions

Competition	Age/Gender	Level	Format	Cluster Round	SSP Round	County Round	Regional Round	National Round
Key Steps	Years 2 – 6, Girls and Boys	1 - 3	Key Steps Competition  Year 2 - Key Step 1 Years 3 and 4 - Key Step 1 and 2 Years 5 and 6 - Key Steps 1, 2 and 3	By end December  Preceded by learning/training in Oct-Nov	By end March  Preceded by learning/training Jan-Feb	By end June  Preceded by learning/training April-May	N/A	N/A
Next Step	KS3 Girls & Boys	1-3	Next Step Competition to incorporate all 3 levels	N/A	March - As above	June - As above	Liaise with NGB	Liaise with NGB
Next Step	KS4 Girls & Boys	1-3	Next Step Competition to incorporate all 3 levels	N/A	March - As above	June - As above	Liaise with NGB	Liaise with NGB

- The first point of contact for all SCM's should be the Regional Development Officer.
- The Key Step competition should provide the opportunity for Years 2 – 6 to compete at the most appropriate level for their stage of development. Using this structure, competitions can evolve to cater for up to 200 participants per event.
- The Next Step Competitions can be in Trampoline, Cheerleading or Acrobatics (or a combination 2 or more). Individuals should compete at the most appropriate level for their development – Teams can be mixed gender however in Trampoline individual boys would not normally compete against individual girls but the competitions would be part of the same overall event.
- For young people already participating in Club Gymnastics more than 2 hours per week it is recommended that competition organisers create a separate category of competition for this group but this can still be part of the same overall event.