

# 2010/11 NGB Matrix – ROWING



## Context and Rationale

What role does Competition play in terms of wider development of Rowing?

- ✓ Increasing Participation
- ✓ Development of values and ethics.
- ✓ Development of sound fundamentals
- ✓ Development of event understanding
- ✓ Development of Competition Education ('How to win')
- ✓ Feeding school/college to club Links

## Contact Details

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[www.britishrowing.org/teachers/competition-managers](http://www.britishrowing.org/teachers/competition-managers)

## Resources

- ✓ Web Downloads/ Templates
- ✓ Young Leaders/officials courses
- ✓ Teacher/Schools resource pack.

## Wider PESSYP Links

- ✓ Club Links
- ✓ Coaching
- ✓ Leadership and Volunteering

## Priority Areas

Targeted Areas

SCM to liaise with British Rowing

## Strategic Delivery

SSP Round - Schools/Competition Manager  
County Round – Competition Manager and NGB.

Regional/National – British Rowing  
Affiliated clubs/organisations

| Competition     | Age/Gender    | Level | Format   | Cluster Round | SSP Round       | County Round  | Regional Round | National Round |
|-----------------|---------------|-------|--|---------------|-----------------|---------------|----------------|----------------|
| Go Race Indoors | Year 9 Girls  | All   | Individual Race (4 mins),<br>2012m Relay Race and<br>Distance/Stroke Event | N/A           | By January 2011 | By March 2011 | N/A            | N/A            |
| Go Race Indoors | Year 9 Boys   | All   | Individual Race, (4 mins)<br>2012m Relay Race and<br>Distance/Stroke Event | N/A           | By January 2011 | By March 2011 | N/A            | N/A            |
| Go Race Indoors | Year 12 girls | All   | Individual Race (2000m),<br>2012m Relay Race and<br>Distance/Stroke Event  | N/A           | By January 2011 | By March 2011 | N/A            | N/A            |
| Go Race Indoors | Year 11 Girls | All   | Individual Race (6mins),<br>2012m Relay Race and<br>Distance/Stroke Event  | N/A           | By January 2011 | By March 2011 | N/A            | N/A            |

- It is expected that schools entering would have had at least one member of staff attend British Rowing/ScUK accredited 'learn to row' workshop to qualify for entry into the competition
- Young people should be participating in regular rowing sessions to improve skill and technique over a 6 week period before competing.
- The competition pathway aims to increase participation through regular competition whilst improving skill and technique. Therefore the Competition Managers priority is the development of a county event that leads from intra and inter competitions delivered at a local level.
- Go Race Indoors National Junior Indoor Championships at Regional and National level will be organised by NGB affiliated clubs/organisations with an open entry policy for schools.