

Secondary School Competition Framework

Competition framework descriptor	Recommended competition	Level and location	Scheduling	Next steps in competition	Competition framework descriptor
<p>Key Stage 3: 11-12 years</p> <ul style="list-style-type: none"> Multi-sport competition (monthly, three sports) E.g. central venue leagues in a range of sports coaching and competition at secondary, hub or club sites 	<p>Year 7</p> <p><u>Development festivals</u></p> <ul style="list-style-type: none"> 9-a-side – could be a multi-sport competition <p><u>Champion schools competition</u></p> <ul style="list-style-type: none"> Local 9, 11 or 13-a-side <p><u>Champion schools</u></p> <ul style="list-style-type: none"> If win locally, go through to a regional national competition played at 13-a-side 	<ul style="list-style-type: none"> Hub site (local secondary or club) Secondary or local club 	<ul style="list-style-type: none"> In 1st half-term (Sept – Oct) 3rd and 4th half-terms 	<p>Male</p> <ul style="list-style-type: none"> 13-a-side club leagues Regional and national champion schools <p>Performance</p> <ul style="list-style-type: none"> Learn to train squads Service area competition 	<p>Female</p> <ul style="list-style-type: none"> Club festivals and national cup Regional and national champion schools <p>Performance</p> <ul style="list-style-type: none"> Learn to train squads

<p>Key Stage 3 and 4: 12-16 years</p> <ul style="list-style-type: none"> • Inter-school leagues and cup competitions within SSP (year group teams) • NGBs would have to have an integrated competitive structure including Schools Associations accepted as core 	<p>Year 8</p> <p><u>Development festivals</u></p> <ul style="list-style-type: none"> • 9-a-side <p><u>Champion schools competition</u></p> <ul style="list-style-type: none"> • Local 9, 11 or 13-a-side <p><u>Champion schools</u></p> <ul style="list-style-type: none"> • If win locally, go through to a regional national competition played at 13-a-side 	<ul style="list-style-type: none"> • Hub site (local secondary or club) • Secondary or local club 	<ul style="list-style-type: none"> • In 1st half-term (Sept – Oct) • 3rd and 4th half-terms 	<p>Male</p> <ul style="list-style-type: none"> • 13-a-side club leagues • Club regional and national cups • Regional and national champion schools <p>Performance</p> <ul style="list-style-type: none"> • Club scholarship • Service area games • Regional camps/ carnivals • National camp 	<p>Female</p> <ul style="list-style-type: none"> • Club festivals • Club national cup • Regional and national champion schools <p>Performance</p> <ul style="list-style-type: none"> • Regional games
	<p>Year 9</p> <p><u>Development festivals</u></p> <ul style="list-style-type: none"> • 9-a-side <p><u>Champion schools competition</u></p> <ul style="list-style-type: none"> • Local 9, 11 or 13-a-side <p><u>Champion schools</u></p> <ul style="list-style-type: none"> • If win locally, go through to a regional national competition played at 13-a-side 	<ul style="list-style-type: none"> • Hub site (local secondary or club) • Secondary or local club 	<ul style="list-style-type: none"> • In 1st half-term (Sept – Oct) • 3rd and 4th half-terms 	<p>Male</p> <ul style="list-style-type: none"> • 13-a-side club leagues • Club regional and national cups • Regional and national champion schools <p>Performance</p> <ul style="list-style-type: none"> • Club scholarship • Service area games • Regional camps/ carnivals • National camp • Link programme 	<p>Female</p> <ul style="list-style-type: none"> • Club festivals • Club national cup • Regional and national champion schools <p>Performance</p> <ul style="list-style-type: none"> • Regional games

	<p>Year 10</p> <p><u>Development festivals</u></p> <ul style="list-style-type: none"> • 9-a-side <p><u>Champion schools competition</u></p> <ul style="list-style-type: none"> • Local 9, 11 or 13-a-side <p><u>Champion schools</u></p> <ul style="list-style-type: none"> • If win locally, go through to a regional national competition played at 13-a-side 	<ul style="list-style-type: none"> • Hub site (local secondary or club) • Secondary or local club 	<ul style="list-style-type: none"> • In 1st half-term (Sept – Oct) • 3rd and 4th half-terms 	<p>Male</p> <ul style="list-style-type: none"> • 13-a-side club leagues • Club regional and national cups • Regional and national champion schools <p>Performance</p> <ul style="list-style-type: none"> • Club scholarship • Service area games • Regional camps/ carnivals • National preparation • International fixture • Link programme 	<p>Female</p> <ul style="list-style-type: none"> • Club festivals • Club national cup • National champion schools <p>Performance</p> <ul style="list-style-type: none"> • Regional games
	<p>Year 11</p> <p><u>Development festivals</u></p> <ul style="list-style-type: none"> • 9-a-side <p><u>Champion schools competition</u></p> <ul style="list-style-type: none"> • Local 9, 11 or 13-a-side <p><u>Champion schools</u></p> <ul style="list-style-type: none"> • If win locally, go through to a regional national competition played at 13-a-side (competition ends before exams) 	<ul style="list-style-type: none"> • Hub site (local secondary or club) • Secondary or local club 	<ul style="list-style-type: none"> • In 1st half-term (Sept – Oct) • 3rd and 4th half-terms 	<p>Male</p> <ul style="list-style-type: none"> • 13-a-side club leagues • Club regional and national cups • Regional and national champion schools <p>Performance</p> <ul style="list-style-type: none"> • National programme • International 	<p>Female</p> <ul style="list-style-type: none"> • Club festivals • Club national cup • Regional and national champion schools <p>Performance</p> <ul style="list-style-type: none"> • Regional games

				fixture <ul style="list-style-type: none">• Link programme• RL foundation• Academy	
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