



Tyne & Wear Gymnastics Newsletter-Autumn 2010



Hello everyone,

Now that the summer is over, its time for the next Tyne & Wear Gymnastics Newsletter!

Since the last newsletter was circulated we have had two major events take place within the County. Please see more about this below.

Please remember that if you ever need any help regarding Gymnastics, Trampoline or Cheerleading, please get in touch.

I will be happy to help!

Kind Regards,

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Tyne & Wear Gymnastics Federation

“Tyne & Wear Gymnastics Federation is a group of volunteers and professionals that come together on a quarterly basis to discuss Gymnastics in the county. Members of the committee are updated about the progress of gymnastics and new opportunities available in the county, along with discussing any issues that have arisen as problems or benefits within the area. Together we look to submit funding applications together and decide how the funding should be distributed. “

The most recent Federation meeting was held at Hebburn Community Centre on Thursday 22nd September. I was pleasantly surprised by the club and schools representation which has doubled from previous meetings. As mentioned via email, the last meeting was the Annual General Meeting, at which a new Chair and Secretary were elected.

Full details of the meetings discussions can be found in the meeting minutes – please request a copy if you would be interested in finding out more.

The Federation have recently submitted a Small Grants application that we are waiting to hear the results of.



North of England
Amateur Gymnastics

The North of England Regional Gymnastics Festival

22nd January 2011

4-8pm

Temple Park Leisure Centre – South Tyneside – Main Sports Hall

The North of England Regional Festival is set to run in January 2011.

It will give all British Gymnastics/N.E.G.A registered clubs the chance to participate in a fun for all gymnastics event. Gymnasts of all ages and abilities will be given the chance to showcase their talent and enthusiasm in front of an audience comprising of their fellow gymnasts, friends and family. All participants, for insurance purposes need to have at least Bronze Membership with BG.

It would be a great opportunity for both the gymnasts and their clubs to perform a short display and enjoy watching other clubs do the same.

After the fantastic performances shared at the County Festival, I would love to see the Regional Festival jam packed with the Tyne & Wear County Clubs. For those clubs that missed out on the Tyne & Wear Festival, the Regional Festival would be a great opportunity.



If you would be interested in applying, please contact myself or Katie Lawton (katie.lawton@british-gymnastics.org) for more details!

The expression of interest deadline is Friday 29th October 2010.



Moving Forward

**your sport
your say**

let's get the balance right!

CALLING ALL

In 2007 British Gymnastics England undertook a review of the sport on a national scale. We ran a series of events across the country to talk to coaches, committees, gymnasts, parents and volunteers to determine the future of gymnastics development.

We are now giving everyone feedback on how we've used your thoughts and ideas to shape the development of the sport. We would also like your input on our current and future plans, programmes and activities.

Come along for...

- National updates within the areas of Workforce Development, Club Development, Opportunities to Perform and Achieve, and Research
- Updates specific to your region
- The chance to give us feedback on what we've done so far and suggestions to input into our future work

[Your Sport Your Say – North Region](#)

Wednesday 10th November

6.30pm - 9.30pm

Colin Milburn Lounge, Durham County Cricket Club, DH3 3QR

To book your place you can go to the Gymnastics England website and click on the Your Sport Your Say link alternatively, contact myself or Katie Lawton for assistance.

www.gymnasticsengland.org



Sainsburys UK School Games North East England



www.gateshead.gov.uk

As most of you will be aware, Tyne & Wear were the hosts for this year UK School Games.

The Gymnastics event was hosted by the newly refurbished Gateshead Leisure Centre. I am sure that all those that attended, would agree that it was a fantastic set-up.

The whole weekends events were very successful and a joy to watch!

I would like to say a huge thank you to all of the Volunteers and Officials that made the event so successful, and I would also like to thank the clubs involved for their continued support.

*Back row (L-R): Laura Green, Vanessa Foster, Katy Anne Veitch, Amy Walker, Jasmine Danby, Katy Steele
Low row (L-R) Clare Diggle, Ashleigh Maughan, Catherine Brookes, Katy Perry, Susan Noake
Missing from photo - Amy Telford, Gail Robson*



Thank you!

Gateshead International Gymnastics Great Britain vs Switzerland

Gateshead Leisure Centre • Sat 28 & Sun 29 August 2010



During the weekend prior to the Sainsburys UK School Games, Gateshead Leisure Centre hosted an International Womens Artistic Event.

Great Britain vs. Switzerland was an elite Artistic International competition that saw the likes of Hannah Whelan, Danusia Francis and Rebecca Downie compete. The British girls put on a fantastic show to win both the team Gold and team Silver.

For the events Opening Ceremony, our very own Gateshead Team Gym performed three excellent routines. With head coach Marian Bailey at their side, the youngsters performed with great enthusiasm. It was fantastic to see performances from children from such a young age, and great to see the progressive system and performance pathway shining out of the club. I would like to say a big thank you to the Gymnasts and Coaches at Gateshead Team Gym for offering to open the International event. Congratulations are due for the performances!



Gateshead Metro Gymnastics Club Re-housed and Settled!



I am pleased to announce that Gateshead Metro Gymnastics Club are now happily settled in to a new venue.

The club are now training at Gateshead Leisure Centre and are looking to enter competitions and would be grateful of any invitations!

sport unlimited

Last terms Sport Unlimited sessions proved very popular with the surrounding schools and most of the targets were met, which is great news.

This terms funding is being used by AAA sports in Sunderland, and to support two new clubs trying to set up in South Tyneside and North Tyneside.

Hopefully, we will have another successful term!

I am currently on the look out for coaches who would be interested in delivering after school gymnastics sessions in North Tyneside during the school term following Christmas. Please drop me an email if you might be interested. The rate of pay is £20 an hour and each successful coach would have a 10-week block of work (1 hour per week). Coaches must be a Level 2 or above.

If you would like to know more, please do not hesitate to contact me!



GymMark



**Congratulations to
WASHINGTON GYMNASTICS CLUB
who have successfully gained GymMark Accreditation!**

The following clubs are currently working towards GymMark...

- Jaynastics – Sunderland
- Scotswood Trampoline Club – Newcastle
- Gateshead Team Gym - Gateshead

If there are any clubs out there that would be interested in becoming GymMark Accredited, please get in touch and I can guide you through it step by step.

It is my job to assist you through the process and assist you with any documentation. I will happily set aside my time in order to help you!



Acro gymnastic wear

Bringing you an exciting new range of top quality gymnastic wear

Acro Gymnastic Wear is a new company ran by Kelly J. Wilthew. Her company sells Leotards, Unitards, Shorts, T-shirts, Hoodies, Funky Fabrics and much more...

All items are at amazingly affordable prices and of high quality.

Kelly is looking to attend local Gymnastic/Trampoline events and will be interested in working out a deal so that her presence at your event can lead to additional fundraising for your club.

If you think that you might be interested, please contact Kelly on the details below...

01913734126

07760557300

wilthewkel@aol.com

Additionally, please take a look at her site (currently under construction)...

www.acrogymnasticwear.com



Level 1 UKCC Update Course

For those of you that are wanting to progress on to any discipline of Level 2 coaching award, you will need to attend an update course beforehand (if your Level 1 course was not by the UKCC framework).

The details of the next upcoming course are as follows...

City of Newcastle Gymnastics Academy

Benfield School and Sports College

30th October 2010

09:00 – 17:00

South Tyneside Gymnastics Club Presents...

The 1st National Invitational Sharlene Slater Competition Saturday 6th November 2010

South Tyneside Gymnastics Club are holding their first ever "Sharlene Slater Competition" on Saturday 6th November 2010. It is the clubs intention to hold "The Sharlene Slater Cup" annually and aim to make the event an International Invitational in years to come.

The Competition is to be held in memory and celebration of Sharlene, a much loved and missed Gymnast, Coach and Friend.



The Acrobatic Gymnastics competition will see approximately 160 gymnasts perform. The standard of competition will be at NDP and FIG level. Clubs entering their gymnasts include, STGC, Deerness Valley, Wakefield, Leeds, Bromley Valley and King Edmond (Bristol).

Saturday 6th November 2010
Temple Park Leisure Centre
Doors open for spectators at 9.00am
Adults £5.00
Concessions £4.00

The event will be fantastic to watch and I would highly recommend going along!



Next Step Trampoline Competitions



During October, all of the Tyne & Wear area qualifier competitions have taken place.

Each area put on a fantastic show with some really strong competitors in each category. All of those that qualified for the Tyne & Wear County final will be competing for the Overall Titles on Saturday 13th November at the Sandhill Centre Sunderland.

I would like to take this opportunity to say a Huge Thank You to Andrew Revell and all of the AAA Sports team. Without AAA, these competitions may not have run, and would have not been of such a high quality.

The AAA club have not only organised the events but have also been the judges at every single venue!

Thank you!



Outstanding Achievements



Katherine Driscoll – Trampoline World Cup – Bronze Medallist!

Katherine Driscoll of Apollo Trampoline Club achieved fantastic results last month.

Competing at the Trampoline World Cup event in Loule, Portugal she finished an outstanding 3rd place. The competition on 25th September 2010 saw some of the best in the world compete and Katherine take home the Bronze Medal!

AAA Trampoline & DMT Club – Spartacus Cup – Thessaloniki – Greece!

AAA Trampoline & DMT Club took 3 members to Thessaloniki, Greece to compete in the Spartacus Cup.

After a successful competition they came back with 2 placings!

Peter Evans – Senior Male DMT – 3rd Place

Holly Reynolds – Junior B. DMT – 1st Place

South Tyneside Gymnastics Club – European Team Championships 2010 – Poland – Silver Medalists

South Tyneside Gymnastics Club had three of their 11-16 Age Group partnerships represent Great Britain at the European Team Championships in Poland this October.

All three partnerships had a very successful competition and their fantastic individual results contributed to the Great Britain Team finishing in 4th.

Women's Pair

Katherine Spence & Megan Fail achieved Silver in the Final (Coach: **Ian Said**)

Mixed Pair

Hugh Mongham & Dannie Hailstone achieved Silver in the Final (Coach: **Debra Said**)

Women's Group

Jessica Hewson, Amy Cook & Hannah Johnstone achieved Silver in the Final (Coach: Victoria Pattison)

[Huge Congratulations to all of the coaches and gymnasts on their outstanding achievements!](#)



Funding Opportunities



Grass Root Grants

The grants are intended to benefit the community, so can be very wide ranging, including the purchase of equipment such as computers or kitchen facilities, a local community event, small-scale training and staffing costs, local community activities and rent costs. They can expand on an existing funded project.

Applications for large items of equipment (£500 or over) are welcomed.

Visit: www.communityfoundation.org.uk

Mars Refuel

THIS YEARS FUNDING RUNS OUT AT THE END OF OCTOBER – GET IN NOW!

This an easy to apply funding stream for up to £500 for any projects that will help an individual or club play longer. Every month the fund will be giving away £10,000, up to £500 to 20 clubs or individuals.

Visit: <http://www.marsrefuel.com/refuel-fund/> for more info.

Comic Relief

The Comic Relief Funding Pot is open for applications from October 1st until October 31st

There are many grants that can be applied for via Comic Relief. One of which is called “Sport for Change”.

Applications are welcome from community groups and organisations using sport as a way of bringing about change at an individual and/or community level. They are particularly interested in funding activities that support BME communities, older people and women/girls.

Visit: http://www.comicrelief.com/apply_for_a_grant/uk for more info.

The Co-operative Community Fund

The Co-operative Membership Community Fund is a grants scheme which helps local communities throughout the UK.

Since they started the initiative in 1997, thousands of clubs, community groups and local charities have benefited.

The scheme is unique in that it is funded by generous Co-operative members donating some or all of their share of profits, which is then given away in the form of small grants in their local communities. These members have already given millions of pounds away, and last year alone over £1 million was awarded to successful groups.

Visit: <http://www.co-operative.coop/membership/local-communities/community-fund/> for more info.

If your club decides to apply for any of these grants, I would really appreciate it if you would let me know. Feel free to ask for help in applying!